

INSTRUCTIONS FOR POST VASECTOMY COLLECTION (BIG ISLAND)

Your doctor has ordered a post vasectomy analysis. *Please follow the instructions on this sheet to ensure accurate results. Circle the laboratory to which you are submitting the specimen.*

SPECIMEN COLLECTION INSTRUCTIONS

- 1. To ensure accurate results, do not ejaculate for a minimum of 2 days and a maximum of 7 days before you give the semen specimen.
- 2. To collect the specimen, please masturbate. Other methods of collection may result in loss of part of the ejaculate. Do not use lubricating oils, foams or gels. They may contaminate the semen.
- 3. Semen should be collected in sterile cups that the lab will give you.
- 4. Entire volume of ejaculate should be collected and submitted for examination.
- 5. Write Your Last name, First name, Date of Birth, Date and Time the specimen was collected on the container and on this form.
- 6. The semen specimen and the lab requisition must be brought to one of the laboratories listed below <u>within 45 minutes.</u> Only the CLH laboratory locations listed below are prepared to receive semen specimens. Testing must be completed within 1 hour after collection.
- 7. Keep semen specimen at room temperature after collection and during transport.

I,, Print) Last Name, First Name Date of Birth	Signat	ure	have collected and transported	
the semen specimen according to the above collection			/,at(am / pm). m/dd/yy) Time Circle	
Was the entire specimen submitted to the lab? Yes / No (circle) If not, estimate how much was not included in the cup submitted:				
Received in the lab on Date Received	at Time	(am/pm) by	Tech code	
BIG ISLAND LOCATIONS: SPECIMENS WILL BE ACCEPTED DURING THE SPECIFIED BUSINESS HOURS ONLY, AND BY APPOINTMENT ONLY. NO COLLECTIONS ACCEPTED ON HOLIDAYS.				
Hilo Medical Center Laboratory 1190 Waianuenue Ave. Hilo, HI 96720 Phone: 932-3500* Tues - Fri 7:30 am - 10:30 am		Labo 79-10 Keala Phon	Kona Community Hospital Laboratory 79-1019 Haukapila St. Kealakekua, HI 96750 Phone: 322-9366 Mon. 57: 8:00 am. 12:00 pm	
(By appointment only)			Fri 8:00 am - 12:00 pm ppointment only)	