

# Clostridium difficile GDH+Toxin Reflex to PCR

## Test Update: PCR Testing now available on Kauai

### Test Code:

Clostridium Difficile GDH  
+ Toxin Reflex to PCR:  
**CDGDHX (4511)**

### Specimen:

- Diarrheal stools (defined as  $\geq 3$  loose stools per day for 1-2 days) in sterile container, no preservatives
- Minimum volume: 3ml
- Transport refrigerated within 72 hours
- Unacceptable: hard stools, stools in formalin or PVA, insufficient volume, rectal swabs

### Test Sites:

Clinical Labs of Hawaii  
Reference Lab, Hilo Medical  
Center, and Wilcox  
Memorial Hospital

**Performed:** Daily

### Client Services

Oahu .....808.677.7998  
Neighboring  
Islands.....866.281.6816

Effective immediately, Wilcox Memorial Hospital will offer the *C. difficile* PCR assay on site to assist healthcare providers with faster diagnoses, improved antibiotic stewardship and quicker results. This test will continue to be offered at our reference lab as well.

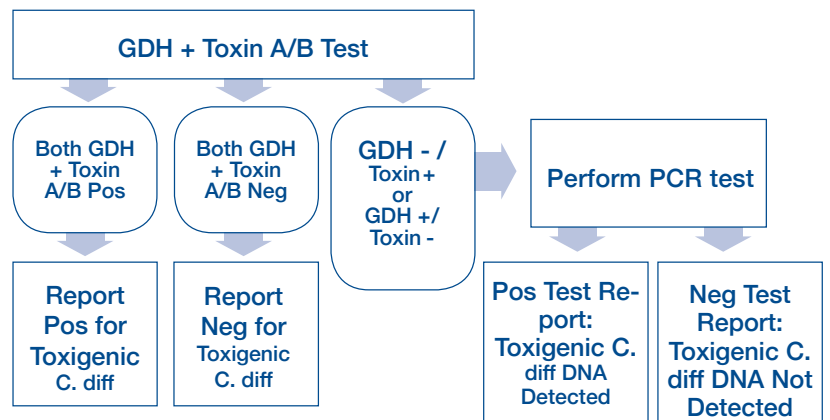
*C. difficile* is the major cause of antibiotic-associated diarrhea and colitis. It is thought the exposure to antibiotics disrupts the intestinal flora, allowing for opportunistic colonization by *C. difficile*. The virulence of *C. difficile* is mediated by the production of two toxins, A and B.

The *C. difficile* GDH + Toxin test is a rapid membrane enzyme immunoassay for the simultaneous detection of *Clostridium difficile* glutamate dehydrogenase antigen, and toxins A and B in a single reaction.

The *C. difficile* PCR assay combines a biotin-labeled isothermal amplification technology (helicase-dependent amplification) and amplicon detection. The assay targets the Toxin B (tcdB) portion of the pathogenicity locus (PaLoc) for improved sensitivity and specificity when compared to standard cell culture and rapid immunoassay methods.

This test is to be used as an aid in the diagnosis of *C. difficile* disease. Repeat testing following a negative test is NOT recommended.

### Algorithm



For more information, please contact our client services department.

**Thank you for choosing Clinical Labs of Hawaii.**