INSTRUCTIONS FOR POST VASECTOMY (OAHU)

Your doctor has ordered a post vasectomy analysis. Please follow the instructions on this sheet to ensure accurate results. Circle the laboratory to which you are submitting the specimen.

SPECIMEN COLLECTION INSTRUCTIONS

1. To ensure accurate results, do not ejaculate for a minimum of 2 days and a maximum of 7 days before you give the semen specimen.

2. To collect the specimen, please masturbate. Other methods of collection may result in loss of part of the ejaculate. Do not use lubricating oils, foams or gels. They may contaminate the semen.

3. Semen should be collected in sterile cups that the lab will give you.

4. Entire volume of ejaculate should be collected and submitted for examination.

5. Write Your Last name, First name, Date of Birth, Date and Time the specimen was collected on the container and on this form.

6. The semen specimen and the lab requisition must be brought to one of the laboratories listed below within 45 minutes. Only the CLH laboratory locations listed below are prepared to receive semen specimens. Testing must be completed within 1 hour after collection.

7. Keep semen specimen at room temperature after collection and during transport.

I, ____________________________, have collected and transported the semen specimen according to the above collection instructions on ____________ at ______(am / pm).

I did not ejaculate for _____ days before giving the specimen.

Was the entire specimen submitted to the lab? Yes / No (circle)

If not, estimate how much was not included in the cup submitted: ________________________________

List any difficulty in collecting the specimen: ____________________________________________or circle: NONE

Received in the lab on ____________ at ______(am/pm) by ____________________________

Date Received Time Circle Tech code

OAHU LOCATIONS: Specimens will be accepted during the specified business hours only, excluding HOLIDAYS.

Pali Momi Medical Center
98-1079 Moanalua Road, 2nd Floor
Ph: 485-4243
Mon – Sat: 8:00 am – 8:00 pm
(By appointment Only)

Kapiolani Medical Center for Women & Children
1319 Punahou Street, Basement
Ph: 983-8569
Mon - Fri: 9:00 am – 2:00 pm
(By appointment only)

Straub Hospital & Clinic (MUST HAVE STRAUB ACCOUNT)
888 S King Street 3rd Floor
Ph: 522-4230
Mon - Fri: 8:00 am – 3:00 pm
Sat: 8:00 am – 11:00 am
(By appointment only)