



**INSTRUCTIONS FOR POST VASECTOMY (OAHU)**

Your doctor has ordered a post vasectomy analysis. **Please follow the instructions on this sheet to ensure accurate results. Circle the laboratory to which you are submitting the specimen.**

**SPECIMEN COLLECTION INSTRUCTIONS**

1. To ensure accurate results, do not ejaculate for a minimum of 2 days and a maximum of 7 days before you give the semen specimen.
2. To collect the specimen, please masturbate. Other methods of collection may result in loss of part of the ejaculate. Do not use lubricating oils, foams or gels. They may contaminate the semen.
3. Semen should be collected in sterile cups that the lab will give you.
4. Entire volume of ejaculate should be collected and submitted for examination.
5. Write Your Last name, First name, Date of Birth, Date and Time the specimen was collected on the container and on this form.
6. **The semen specimen and the lab requisition must be brought to one of the laboratories listed below within 45 minutes. Only the CLH laboratory locations listed below are prepared to receive semen specimens. Testing must be completed within 1 hour after collection.**
7. Keep semen specimen at room temperature after collection and during transport.

I, \_\_\_\_\_, \_\_\_\_\_ have collected and transported  
(Print) Last Name, First Name                      Date of Birth                      Signature

the semen specimen according to the above collection instructions on \_\_\_\_/\_\_\_\_/\_\_\_\_ at \_\_\_\_ (am / pm).  
Date (mm/dd/yy)                      Time                      Circle

I did not ejaculate for \_\_\_\_ days before giving the specimen.

Was the entire specimen submitted to the lab? Yes / No (circle)

If not, estimate how much was not included in the cup submitted: \_\_\_\_\_

List any difficulty in collecting the specimen: \_\_\_\_\_ or circle: NONE

Received in the lab on \_\_\_\_\_ at \_\_\_\_\_ (am/pm) by \_\_\_\_\_  
Date Received                      Time                      Circle                      Tech code

**OAHU LOCATIONS: Specimens will be accepted during the specified business hours only, excluding HOLIDAYS.**

**Pali Momi Medical Center**  
98-1079 Moanalua Road, 2<sup>nd</sup> Floor  
Ph: 485-4243  
**Mon – Sat: 8:00 am – 8:00 pm**  
(By appointment Only)

**Kapiolani Medical Center for  
Women & Children**  
1319 Punahou Street, Basement  
Ph: 983-8569  
**Mon - Fri: 9:00 am – 2:00 pm**  
(By appointment only)

**Straub Hospital & Clinic**  
**(MUST HAVE STRAUB ACCOUNT)**  
888 S King Street 3<sup>rd</sup> Floor  
Ph: 522-4230  
**Mon - Fri: 8:00 am – 3:00 pm**  
**Sat: 8:00 am – 11:00 am**  
(By appointment only)