CLINICAL LABS OF HAWAII

INSTRUCTIONS FOR POST VASECTOMY COLLECTION (BIG ISLAND)

Your doctor has ordered a post vasectomy analysis. ***Please follow the instructions on this sheet to ensure accurate results. Circle the laboratory to which you are submitting the specimen.***

SPECIMEN COLLECTION INSTRUCTIONS

1. To ensure accurate results, do not ejaculate for a minimum of 2 days and a maximum of 7 days before you give the semen specimen.
2. To collect the specimen, please masturbate. Other methods of collection may result in loss of part of the ejaculate. Do not use lubricating oils, foams or gels. They may contaminate the semen.
3. Semen should be collected in sterile cups that the lab will give you.
4. Entire volume of ejaculate should be collected and submitted for examination.
5. Write Your Last name, First name, Date of Birth, Date and Time the specimen was collected on the container and on this form.
6. **The semen specimen and the lab requisition must be brought to one of the laboratories listed below <u>within 45 minutes.</u> Only the CLH laboratory locations listed below are prepared to receive semen specimens. Testing must be completed within 1 hour after collection.**
7. Keep semen specimen at room temperature after collection and during transport.

I, _____ , _____ , _____ have collected and transported
(Print) Last Name, First Name — Date of Birth — Signature

the semen specimen according to the above collection instructions on ____/____/____ , at _____(am / pm).
Date (mm/dd/yy) — Time — Circle

I did not ejaculate for _____ days before giving the specimen.

Was the entire specimen submitted to the lab? <u>Yes / No (circle)</u>
If not, estimate how much was not included in the cup submitted: _____
List any difficulty in collecting the specimen: _____or circle: NONE

Received in the lab on _____ at _____ (am/pm) by _____
Date Received — Time — Circle — Tech code

BIG ISLAND LOCATIONS: SPECIMENS WILL BE ACCEPTED DURING THE SPECIFIED BUSINESS HOURS ONLY, AND BY APPOINTMENT ONLY. NO COLLECTIONS ACCEPTED ON HOLIDAYS.

Hilo Medical Center Laboratory
1190 Waianuenue Ave.
Hilo, HI 96720
Phone: 932-3500*
Tues - Fri 7:30 am - 10:30 am
(By appointment only)

Waimea Center (Kamuela)
65-1158 Mamalahoa Hwy, Ste. 27B
Kamuela, HI 96743
Phone: 885-9505*
Mon - Fri 9:00 am - 11:00 am
(By appointment only)

Kona Community Hospital Laboratory
79-1019 Haukapila St.
Kealakekua, HI 96750
Phone: 322-9366
Mon - Fri 8:00 am - 12:00 pm
(By appointment only)