

Patient Instructions

Pinworm Test:

Enterobius vermicularis, commonly known as a pinworm, is a parasite that typically infects children and other family members. They are small white worms about 1/4-1/2 inch long resembling small grains of rice. They can sometimes be seen in and around the infected person's anus and in bowel movements. These worms live in the intestine.

Because only 5-10% of infected persons have demonstrable eggs in their stool, specimens must be collected from the perianal region.

In preparation for this test:

- The best time to collect a specimen is a few hours after the person has gone to sleep or in the morning immediately upon rising before bathing or a bowel movement.
- Your healthcare provider will determine the frequency of collections.
- Specimens can be obtained by applying a "pinworm paddle" to the perianal area. Please contact the lab to obtain this kit.

Collection Instructions:

- Collect the sample early in the morning, right after the infected person wakes up and before bathing or using the bathroom.
- Twist open the pinworm paddle kit to remove the paddle from the tube and hold the paddle by the cap.
- The pinworm paddle is coated on one side with a tacky adhesive that will collect and transport the pinworm. The paddle is labelled "sticky side".
- Separate the buttocks and press the sticky surface against several areas of the perianal region.
- Replace the paddle in the tube for transport to the laboratory.
- Write the patient's name, birthdate, and collection date and time on the specimen.
- Deliver to the laboratory as soon as possible.

Results:

Your results will be sent directly to your healthcare provider. To access your lab results, please visit our website (www.clinicallabs.com) for instructions on how to register for the patient portal or scan the QR code.



If you have any questions, please contact our Client Services Department at 808-677-7998 or toll free at 866-281-6816 or your healthcare provider.

Thank you for choosing Clinical Labs of Hawaii.